



# Salem Drive School

*Counselor's Corner: November 2020*



Character Education Theme of the Month is: **RESPECT**

## Internet and Technology Safety and Monitoring

We are using technology more now than ever! We are working online, reading online, and learning online. We are also socializing online, especially our students. Because of how much time we spend logged on and locked in, it is crucial to make sure that parents are monitoring their child(ren)'s devices. This includes **social media** AND **group chats**.

A few years ago, we invited Melissa Straub to our district to discuss internet safety with our students and parents. During her visit she shared some very useful, key items with us. Continue reading for some tips on how to monitor your child's technology and have open discussion with them on digital safety.

- **Group chats** are becoming more popular among friend groups. As useful as they are, they can be the cause of much conflict. Monitor your child's cell phone and **review text messages** for inappropriate usage and content.
- Establish an age appropriate timeframe for when your child is allowed to be on the Internet and discuss internet safety with your child.
- Explain to your child not to share any personal information online, passwords to any of their accounts, or their geographic whereabouts. Advise to never post content, pictures or videos online unless they would be comfortable with their parents seeing them.
- You should **be a "friend" and/or "follower"** of your child's accounts and have access to their content.
- Discuss with your child the consequences of **cyberbullying**, "sexting" and posting other people's content, which could include legal ramifications.
- Model appropriate social media usage and behavior to be consistent with expectations of kids.

Please see the complete guides, provided by Melissa Straub, on internet safety discussions and monitoring your child's devices below:

### [Social Media Discussion Points for Parents](#)

### [5 Ways Parents Can Balance Social Media with the Real World](#)

### [Internet Safety Tips](#)

**Thank you for your support of our Week of Respect and Red Ribbon Week activities and spirit days!**

**Continue to show **Trustworthiness, Respect, Responsibility, Fairness, Caring, and Citizenship** on a daily basis to help make SDS a TRRFCC (terrific) school!**



### [Important Highlights/Events](#)

- **November 3:** School Closed - Election Day
- **November 5-6:** School Closed - NJEA Teacher Convention
- **November 18:** Parent Teacher Conferences
- **November 19:** Parent Teacher Conferences
- **November 20:** 4th Grade Folder Contest Entries Due to Mrs. Jacobson
- **November 26-27:** School Closed - Thanksgiving Holiday
- **December 1:** Wear **Red** for Caring

*Mrs. Grace Jacobson*

*School Counselor: [grace.jacobson@hanovertwpschools.org](mailto:grace.jacobson@hanovertwpschools.org)*