

Books for Children

Feelings

The Way I Feel by Janan Cain

Today I Feel Silly and Other Moods That Make My Day by Jaim Lee Curtis

The Feelings Book by Todd Parr

How Are You Peeling? by Saxton Freymann & Joost Elffers

Being a Friend

How to Be a Friend: A Guide to Making Friends and Keeping Them by Laurie & Marc Brown

Have You Filled A Bucket Today? by Carol McCloud

Fill A Bucket by Carol McCloud

How Full Is Your Bucket? (for kids) by Tom Rath and Mary Reckmeyer

Share and Take Turns by Cheri J. Meiners

Join In and Play by Cheri J. Meiners

Talk and Work It Out by Cheri J. Meiners

The Rainbow Fish by Marcus Pfister

When I Care About Others by Cornelia Maude Spelman

Enemy Pie by Derek Munson

Self-Esteem/Self-Confidence

I Like Myself by Karen Beaumont and David Catrow

I'm Gonna Like Me—Letting Off a Little Self-Esteem by Jaime Lee Curtis & Laura Cornell

When I Feel Good About Myself by Cornelia Maude Spelman

Stand Tall, Molly Lou Melon by Patty Lovell

Spaghetti in a Hot Dog Bun: Having the Courage to Be Who You Are by Maria Dismundy

Incredible You: 10 Ways to Let Your Greatness Shine Through by Wayne W. Dyer

A Smart Girl's Guide to Liking Herself, Even on the Bad Days by Laurie Zelinger

Stick Up For Yourself! Every Kid's Guide to Personal Power and Positive Self-Esteem by Gershen Kaufman, Lev Raphael, and Pamela Espeland

Shyness

Willow's Whispers by Lana Button

Self-Control

Hands Off, Harry! by Rosemary Wells

Hands Are Not For Hitting by Martine Agassi

Words Are Not For Hurting by Elizabeth Verdick

Personal Space Camp by Julia Cook

Anger

When I Feel Angry by Cornelia Maude Spelman

Cool Down and Work Through Anger by Cheri J. Meiners

If You're Angry and You Know It! by Cecily Kaiser

When Sophie Gets Angry-Really, Really Angry by Molly Garrett

When I Feel Jealous by Cornelia Maude Spelman

Trustworthiness/Honesty

Be Honest and Tell the Truth by Cheri J. Meiners

Ruthie and the (Not So) Teeny Tiny Lie by Laura Rankin

Franklin Fibs by Paulette Bourgeois

Berenstain Bears and the Truth by Stan & Jan Berenstain

Bullying

Chester Raccoon and the Big Bad Bully by Audrey Penn

Stop Picking On Me by Pat Thomas

Berenstain Bears and the Bully by Stan & Jan Berenstain

Berenstain Bears and Too Much Teasing by Stan & Jan Berenstain

Chrysanthemum by Kevin Henkes

The Recess Queen by Alexis O'Neill

One by Kathryn Otoshi

My Secret Bully by Trudy Ludwig

Just Kidding by Trudy Ludwig

Trouble Talk by Trudy Ludwig

Sorry by Trudy Ludwig

Say Something by Peggy Moss

The Juice Box Bully by Bob Sornson & Maria Dismody

Bully Beans by Julia Cook

Weird! by Erin Frankel

Dare! by Erin Frankel

Tough! by Erin Frankel

Bullies Are a Pain in the Brain by Trevor Romain

Cliques, Phonies, and Other Baloney by Trevor Romain

Divorce

Dinosaurs Divorce: A guide for changing families Laurie Krasney Brown and Marc Brown

Was It the Chocolate Pudding? A story for little kids about divorce by Sandra Levins

Death

I Miss You: A First Look at Death by Pat Thomas

When Dinosaurs Die: A Guide to Understanding Death by Laurie & Marc Brown

Where Do People Go When They Die? by Mindy Avra Portnoy

Sad Isn't Bad: A Good-Grief Guidebook for Kids Dealing With Loss by Michaelene Mundy